

# January 2013



## Update

# One Point - Chester-le-Street

## Welcome

Happy New Year and welcome to the latest edition of the One Point Update.

We have a number of new appointments to the integrated team; Senior Lead Professionals Diane Wilkinson and Amanda Smith, (temporary until March), 3 Staff Nurses, Lauren Coburn, Claire Richardson and Rachel Storey, two Family Nurse Practitioners starting at the Hub, one being Maxine Duffy, Delwyn Smiles has returned to the Hub, again as the FISCH worker, pre-registration Student Nurse Lauren Smith will be based at the Hub for five weeks and Kim Marshall, Health Visitor who is working with us for 10 weeks covering sickness absence at Bullion Lane Children's Centre.

We are excited to be piloting in Chester-le-Street a new initiative in Park View School; 'Team around the School'. It will focus on secondary schools and I'll be meeting with the heads of Year 7 and Year 8 at Park View School in the near future.

If you require any further information, please do not hesitate to get in touch, contact details can be found on page 3.

Best wishes,

**Chris Peverall**  
Hub Manager

# One Point Update: Chester-le-Street

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# Chester-le-Street One Point Service

Burns Green, Chester-le-Street DH3 3QH. Tel: 03000 261 112

Health Visitor

Ante natal to 5 years. Health, immunisation, breastfeeding and parenting advice.

School Nurse

School aged children. Supporting children and young people's mental health, stopping smoking and promoting healthy lifestyles.

Education Welfare Officer

School aged children. Working with families to tackle issues which are preventing good school attendance.

Behaviour Support

Primary school aged children. Support for children in school, who are displaying challenging behaviour.

Educational Psychologist

Support for children if they are experiencing learning difficulties or if they need help to manage their own behaviour.

Youth Workers

Positive Activities for Young People, 13 – 19 years (25 years for young people with additional needs). Delivering out of school activities and youth work.

Personal Adviser

Vulnerable pupils aged 13 – 19 years (up to 25 years for pupils with additional needs). Support with careers, further and higher education, training etc.

Family Worker

Families and their children aged 0 – 5 years. Family support with baby/child development and behaviour. Play activities and parenting programmes.

Anti – Bullying

School aged children. Supporting those who feel that they have been bullied and addressing the behaviour of those involved in bullying.

**Chester-le-Street One Point Hub Manager: Chris Peverall**

Burns Green

Chester-le-Street

DH3 3QH

Tel: 03000 261 112

One Point Hub - Bullion Lane Children's Centre

Gray Avenue, Chester-Le-Street DH2 2EL

Tel: 03000 268 643

One Point Spoke - Pelton Children's Centre

Ouston Lane, Pelton, Chester-Le-Street DH2 1EZ

Tel: 03000 269 864

**For more One Point information click on: [www.durham.gov.uk/onepoint](http://www.durham.gov.uk/onepoint)**

**Children's Centre websites: [www.surestartcountydurham.org/bullionlane](http://www.surestartcountydurham.org/bullionlane) or [/pelton](http://www.surestartcountydurham.org/pelton)**

**Facebook page: [Sure Start Children's Centres in Chester-le-Street](#)**

Chester-le-Street  
One Point

# *What's on*

*January 2013*





**Stay Safe**

**Contraception & Sexual Health (CASH) Roadshow**



**Park View School  
Year 9 Pupils  
Thursday morning 24th January**

**Information stalls:**

- . School Nurses
- . CASH Nurses
- . Youth Workers

**Plus information pack for each pupil.**

Schools interested in this type of event please contact:

Amanda Smith, School Nurse  
03000 261 112



**Contraception & Sexual Health Service**

**Chester-le-Street Hub  
DROP-IN SERVICE  
EVERY MONDAY  
3:00pm – 5:00pm  
EVERY SATURDAY  
10:00 - 12.00pm**



**New  
C Card  
Drop In Sessions**

**Bullion Lane  
Children's Centre**

**Wednesday 4 - 5pm**

**Grange Villa  
Enterprise Centre**

**Friday 12 - 1.30pm**



**Stay  
Safe**

**One Point  
Bullion Lane & Pelton  
Children's Centres**

## Freedom Programme

**Who is it for?**

Are you afraid of someone you live with?

Are you cut off from family and friends?

Do you fear for your and your children's future?

**How can we help?**

The Freedom Programme may be suitable for you or we could put you in touch with a local support service.

Ask to speak to a Julie Showler, Family Worker at Pelton Children's Centre on 03000 269 864.

and take the first step  
to a new start.....



...who knows where it will lead?

**Sure Start  
County Durham  
Children's Centres**







**Be  
Healthy**

get active

County Durham and Darlington **NHS**  
NHS Foundation Trust

**Post Natal Exercise Programme**

change 4 life

Starts: **21st**  
January 2013  
(Runs for 12 weeks)

**"A variety of exercise opportunities for women who have recently given birth"**

## Do you want to get back into shape and tone up after the birth of your baby?

Remember, it takes nine months for your body to make a baby, so it's important to allow at least the same amount of time to get your body back into shape.

The Post Natal Exercise Programme is a great way to become more active during your maternity leave.

### What's available for me?

In order to attend you must have completed your post natal check-up at approximately 6-8 weeks after the birth of your baby (this may be longer following a caesarean or difficult birth).

The following activities are available for you to attend:

Activity	Venue	Day	Time	Cost
*Mumba Zumba	One Point Hub, Chester-le-Street	Monday	1:30 - 2:30pm	£1.50
Supervised Gym	One Point Hub, Chester-le-Street	Wednesday	10:30 - 11:30am	£1.00
Pilates	One Point Hub, Chester-le-Street	Wednesday	1:30 - 2:30pm	£1.50
Buggy Pump	Riverside Park, Chester-le-Street	Thursday	10:30 - 11:30am	£1.50
*Nordic Walking	Riverside Park, Chester-le-Street	Thursday	1:30 - 2:30pm	£1.00

### And baby comes along too...

All of the above sessions cater for both mother and baby. The classes are aimed at improving your health and wellbeing, whilst creating a bond between you and your baby.

Places are limited therefore booking is essential. Please state if you require a baby carrier (limited number available).

For more information or to book a place, please contact:

**Lauren Lang - Health Improvement Practitioner, Get Active Team**

☎ 0191 5692847

✉ [cdda-tr.getactive@nhs.net](mailto:cdda-tr.getactive@nhs.net)

🌐 [www.impact.cdd.nhs.uk](http://www.impact.cdd.nhs.uk)

\*Baby sling / carrier required





**Be  
Healthy**

# **CAMHS appointments** at the One Point Hub

Advice for professionals  
12th Feb 9.00 - 11.30am

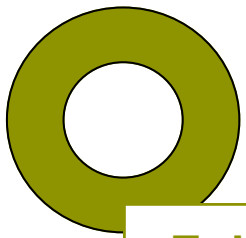
To book an appointment contact Richard Norton  
on 03000 261 548.

**Starting 12th February 9 - 11.30am**

**Weekly Midwife Ante Natal Appointments**

**at Bullion Lane Children's Centre**  
(To be booked through the Midwives)





**Enjoy &  
Achieve**

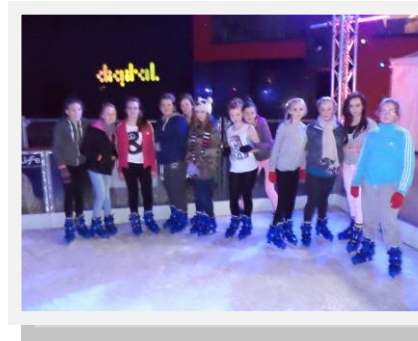
### Lumley Youth Club's Christmas Outing

On the 18 December a group of 13 young women, members of Lumley Youth Club, enjoyed a Christmas treat which involved outdoor ice skating at the Centre For Life in Newcastle followed by a popular McDonalds meal. All girls were extremely well behaved and a credit to their Centre.

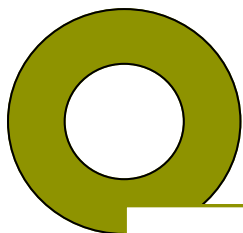
Thanks to the Committee of Lumley Community Centre who provided the funds for this trip.

### Pelton Fell Girls Group

The members of Pelton Fell Girls group worked extremely hard before Christmas to complete a challenge which they set themselves, they wanted to help others across the world and closer to home, who were less fortunate and make sure they had some Christmas gifts. After fundraising efforts supported by their youth workers, the girls put together a total of 22 Shoe Boxes full of small gifts which were collected by the organisation 'Christmas Child' for distribution in Romania. With the surplus money they had raised they also distributed 20 Christmas presents to elderly residents in the community.







**Enjoy & Achieve**

**Grange Villa Enterprise Centre**

East Street  
Grange Villa  
Chester-le-Street  
Co. Durham  
DH2 3LU

**Stay & Play**

Come along and join us for messy play, painting, cooking, singing and lots of fun!



New weekly group for children aged 0-5years and their parents & carers starting Tuesday 15th January 1.30 - 2.30pm



For more information contact Claire or Allison, Family Workers at Pelton Children's Centre  
Tel no: 03000 269 864.



**Sure Start  
County Durham  
Children's Centres**



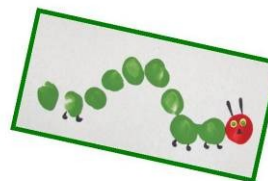
**Share a story....**

at  
**Pelton Community Centre**

Thursday 24th January  
1.30 - 2.30pm.



Come along and listen to the story of The Very Hungry Caterpillar and then paint your own!



FREE session for parents/carers of children 0 -5 years.

**Sure Start  
County Durham  
Children's Centres**



**Grange Villa  
Enterprise Centre**

**Weigh,  
Stay & Play**

**Every Thursday**

10am - 11.00am  
(until 11.30 am for Stay & Play)



Health Visitor clinic plus a variety of Stay & Play activities:

- . Messy play
- . Cooking
- . Art & crafts

For more information contact Pelton Children's Centre 03000 269 864

**Sure Start  
County Durham  
Children's Centres**





**Enjoy & Achieve**

# Little Dribblers

**Every Tuesday from 4-5pm**

TERM TIME ONLY

@ One Point Hub, Chester-le-Street, DH3 3QH



From Tuesday 26th February, SAFC Foundation of Light will be running a six week specialist Little Dribblers programme at The One Point Hub, Chester-le-Street, DH3 3QH.

If you participate in EVERY session your child will receive two match tickets (One adult and one child) to attend a Sunderland AFC game of our choice at the Stadium of Light.

Sessions are free of charge for the six week block. To book call Bullion Lane Children's Centre on 03000 268643.

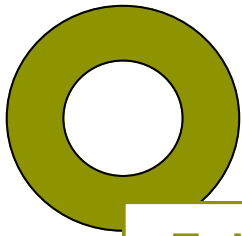
The Little Dribblers programme is specially designed to work with young children aged 3 to 5 years.

The football based sessions incorporate movement specific programmes such as Early Moves & Basic Moves as well as introducing spatial awareness to the young participants.

For further information on Little Dribblers or SAFC Foundation of Light, contact [alan.young@safc.com](mailto:alan.young@safc.com) or call 0191 551 5318.

SAFC Foundation of light takes safeguarding very seriously. All our staff have Enhanced CRB checks verified by Premier League and SAFC. We adhere to guidance and procedures for safer recruitment.

SAFC Foundation of light is the registered charity of SAFC. All money raised goes towards helping young people develop themselves through football related projects.



**Enjoy & Achieve**

**Bullion Lane Children's Centre and Grange Villa Enterprise Centre**

## Speech & Language Groups

A Speech, Language and Communication groups for children aged 2-4yrs.



**A pilot Speech and Language group has started at Grange Villa Enterprise Centre. It is hoped it will continue to run at Grange Villa, with an additional group planned for Bullion Lane Children's Centre.**

**Professionals wishing to refer to the group can contact Julie Shower at Pelton Children's Centre or Lauren Keith at Bullion Lane Children's Centre.**

*rhymes*

*chat*

*talk*

### Speech & Language Group

- The Speech & Language group is an informal group, run by a team of family support workers.
- It is aimed at children under the age of five, to encourage communication development.
- The emphasis of the group is on having fun and playing and interacting together.
- Play opportunities are offered which encourage children to learn new skills in talking, listening, communication, sharing and turn taking.

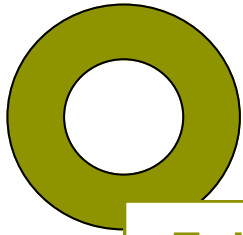
*communicate*

- Dads, Mams and Carers will be able to ask questions and learn new strategies to help their child's communication skills and support their child in the group.
- In addition to offering parents advice about communication, information and advice is available about other issues, such as behaviour etc.
- Mams Dads and Carers are encouraged to support each other

*conversation*

- The number of children attending each session is kept to a maximum of six so that each family have the opportunity to get 1:1 advice and support.
- Families can attend the group for as long as they find it beneficial, until the child starts their nursery education.
- Places need to be booked and children may need to be placed on a waiting list for the group.





**Enjoy & Achieve**

**Are you a Daddy, Dad, Stepdad, Grandad, Uncle, or a male carer of a child under 5?**

**Sure Start  
County Durham  
Children's Centres**

Come along to our monthly group at Bullion Lane Children's Centre.

Sunday 20th January 2013

10:00am—12:00noon

Join us for messy play, baby play and lots of fun!

- Arts and crafts
- Games, toys and puzzles
- Outdoor play
- Meet new people and make friends
- Have breakfast together.
- Bug hunt



To find out more please call us on 03000 268 643



**Monthly Dad/Male Carers Group:  
January 20th  
February 17th  
March 17th**

**Great news for little book worms!**



**Bullion Lane and Pelton Children's Centres** are taking part in the Booktrustrs, 'Bookstart Corner' scheme.

Booktrustrs have provided resources for a 'Bookstart Corner' within both of the Children's Centres with a selection of picture books.

Games and activities can also be found on the Bookstart website [www.bookstart.org.uk](http://www.bookstart.org.uk)



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Children's Centres**



**One Point  
Bullion Lane & Pelton  
Children's Centres**

**Prison**



**Is your family affected?**

**Struggling to cope?**

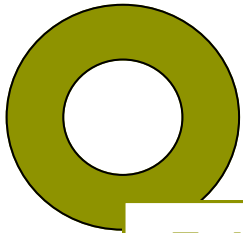
**Worried about your children or grandchildren?**

Support is available in the Chester-le-Street area.

Tel no: 03000 268 643

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County Durham  
Children's Centres**





**Enjoy & Achieve**

**One Point Bullion Lane Children's Centre**

**Family Support**

Family Workers can support mums/dads and carers with any issues they may be facing in raising their 0-5s such as:

- Sleep*
- Behaviour*
- Weaning*
- Toilet Training*
- Play*
- Routines*
- Home Safety information and so much more!*

Support can be offered on a one to one basis, or in a group, at home or in a venue convenient to you!

Contact the Children's Centre on 03000 268642, and ask to speak to a Family Worker.





**SureStart County Durham Children's Centres**



**Sure Start County Durham Children's Centres**

**Treasured Tots**

at One Point Pelton Children's Centre

Play Session for children 0-3 years with additional needs

**Tuesday (term time only)**  
**10.00 - 11.30am**

Come along and use our sensory equipment and meet other parents in this friendly play session.

To book your place or for further information please contact 03000 269 864.










**Achieve  
Economic  
Well Being**

**Chester-le-Street  
One Point Hub**

Burns Green,  
DH3 3QH  
(situated behind the Leisure Centre)  
Tel no: 03000 261 112



**Information,  
Apprenticeship,  
Training and  
Support Event**

at the One Point Hub  
16th January 2.00 - 4.00pm

**Cash  
incentives  
available!**



Refreshments available.  
Bus fares refunded on the day, please bring your ticket.



## Help with your **JOB SEARCH!**

New weekly drop in sessions,  
providing support for parents /  
carers with:

- . Completing application forms
- . **Writing CVs**
- . Looking for vacancies
- . **Training**
- . College courses

**Bullion Lane  
Children's Centre**  
Starting Mon 21st Jan  
10am – 12pm

**Pelton  
Children's Centre**  
Starting Thurs 31st Jan  
10am – 12pm

or contact **Kath Lynn** on telephone no:  
**03000 261 112**

**Sure Start  
County Durham  
Children's Centres**



**Aged 16 - 19 years...**



**One Point, services for children,  
young people and families, can provide support with:**

finding a job, apprenticeship or training  
applications and writing CV's  
information, advice and guidance

Contact us on : 03000 261 112 to book an  
appointment with a  
One Point Adviser

or visit us at : **One Point Chester-le-Street**  
Burns Green (behind the Leisure Centre)  
Chester-le-Street, DH3 3QH



<b>Monday</b>	<b>Tuesday</b>	<b>Friday</b>
<b>1pm-5pm</b>	<b>9am-1pm</b>	<b>1pm-4pm</b>



## Achieve Economic Well Being

# Adult Learning Opportunities

September 2012 - July 2013

Bullion Lane & Pelton Children's Centres,  
One Point Hub and Grange Villa Enterprise Centre.

Sure Start  
County Durham  
Children's Centres



- **Level 2 Teaching Assistants** - Starts Tuesday 2 October, 9.30-12.30, Grange Villa Community Enterprise Centre (3 hours per week, term time only, full academic year)
- **Level 3 Teaching Assistants** - Starts Wednesday 3 October, 9.30am - 12.30pm, Bullion Lane Children's Centre (3 hours per week, term time only, full academic year)
- **Introduction to Health and Social Care** - Starts Thursday 8th November, 9.30 - 12.30pm, Bullion Lane Children's Centre (3 hours per week x 7 weeks)
- **Level 2 Nail Art, Face Painting, Christmas Crafts** – 3 hours per week x 3 weeks, 19 Nov, 26 Nov, 3 Dec, Grange Villa Community Enterprise Centre.
- **Level 2 Food Hygiene** – 1 day course, Tuesday 27 November, Chester-le-Street One Point Hub.
- **Level 2 Health & Safety at Work** – 1 day course, Tuesday 11 December, Chester-le-Street One Point Hub.
- **Level 2 Emergency First Aid** – 1 day course, Tuesday 18 December, Chester-le-Street One Point Hub.
- **Introduction to Job Searches & CV writing** – WC 14/01/2013 (2 hours per week x 10 weeks) Bullion Lane.
- **Literacy** – Starts Monday 14 January 2013, 12.30pm – 2.30pm for 10 weeks, Bullion Lane Children's Centre.
- **Numeracy** – Starts Tuesday 15 January 2013, 12.30pm – 2.30pm for 10 weeks, Pelton Children's Centre.
- **Budgeting and Money Management Level 1** – Monday 21 January 2013, full day per week x 3 weeks, Chester-le-Street One Point Hub.

Come along to our 'Top Tips' sessions and get information and advice on a range of childhood topics.

### Top Tips session at Bullion Lane Children's Centre - Wednesdays 1.30-2.30pm

Date	Subject
10 <sup>th</sup> Oct	Talking (2-5)
7 <sup>th</sup> Nov	Sensory play (0-2)
12 <sup>th</sup> Dec	Getting Active (2-5)
9 <sup>th</sup> Jan	Managing behaviour (2-5)
13 <sup>th</sup> Feb	Talking (0-2)
13 <sup>th</sup> Mar	Play (2-5)

### Top Tips session at Pelton Children's Centre - Thursdays 10-11am

Date	Subject
11 <sup>th</sup> Oct	Talking (2-5)
8 <sup>th</sup> Nov	Sensory play (0-2)
13 <sup>th</sup> Dec	Getting Active (2-5)
10 <sup>th</sup> Jan	Managing behaviour (2-5)
14 <sup>th</sup> Feb	Talking (0-2)
14 <sup>th</sup> Mar	Play (2-5)

Or for a more in depth look why not try....

**The Family Nurturing Course** which runs regularly at both Children's Centres, give us a ring and book your place now!

#### Who is it for?

Parent/carers of children aged 0-5 years wanting to get the best out of family life.

#### What is it?

A parenting course delivered over 11 weeks including an introductory taster session. Topics include: positive discipline, behaviour to ignore, problem solving/negotiating, coping with feelings, helping children stay safe, choices/ consequences and continuing the family journey.





## Achieve Economic Well Being

### New courses starting in January

Start the New Year brushing up on Numeracy and Literacy skills!

#### Maths

Starting Friday 18th Jan  
9.30am - 11.30am  
at Pelton Children's Centre  
10 weekly sessions,  
term time only.

#### English

Starting Friday 18th January  
1.00 - 3pm  
at Bullion Lane Children's Centre  
10 weekly sessions,  
term time only.

**Enhance your CV or help out with homework!**

Parents/carers can book through reception at either  
Bullion Lane Children's Centre on 03000 268 643 or  
Pelton Children's Centre on 03000 269 864.

Sure Start  
County Durham  
Children's Centres



## Team Up With The Prince's Trust

The Prince's Trust Team Programme is for young people aged 16-25 who are unemployed. It's free and will not affect your Jobseeker's Allowance. We will fund your bus fare, lunch and up to £250 cash on completion.

### What happens on the course?

You will have the chance to:

- be part of a team of 15 people for 12 weeks
- take on community projects of your choice
- have an action-packed residential week
- get two weeks' work experience.

### What's in it for me?

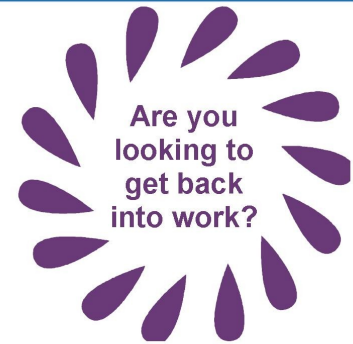
- Practical skills that help you in a job and in life
- Career advice and help with job-hunting and your CV
- The chance to make a difference in your community
- A nationally recognised qualification
- Improved chances of moving into a job, education or training

Consett & District YMCA are running the following Team Programmes in January:-

Consett - 2 Teams Starting 21<sup>st</sup> January 2013  
Call - Sara-Jane Heslop 07577 471016

Stanley - 1 Team Starting 28<sup>th</sup> January 2013 (Tommy Armstrong Centre)  
Call - Carl 07869 700300 or Email ptlstanley@gmail.com

Chester Le Street - 2 Teams Starting 21<sup>st</sup> January 2013  
Call - Dean on 07805 722674 or Chris on 07825 127936



Then this

## Confidence Building

course could be just right for you!

Starting Thursday 7th March for 4 weekly sessions  
at Bullion Lane Children's Centre  
9.30am - 12.30pm

Limited crèche places available.

For more information contact Kath Lynn  
or to book ring Bullion Lane Children's Centre on  
03000 268 643.

Sure Start  
County Durham  
Children's Centres





**Make a  
Positive  
Contribution**

## **One Point Pelton & Bullion Lane Children's Centre's**

Could you be a Children's  
Centre Volunteer?



**Are you looking for a new challenge?**

**Would you like to gain new skills and  
experiences?**

**Ask at reception for an  
application pack NOW!**

**Or speak to a member of the family  
support team for further details!**

**Sure Start  
County Durham  
Children's Centres**



Chester-le-Street  
One Point

# News



## Maxine Duffy 'NHS hero' for organising DIY SOS

A health visitor's hard work has been recognised in the NHS Heroes scheme.

Durham & Darlington Foundation Trust employee Maxine Duffy, a member of the One Point Team in Chester-le-Street, was nominated for going beyond the call of duty for one of her families.

Little William Morris was diagnosed with leukaemia at just seven weeks old and spent the next 10 months undergoing treatment at Newcastle's Royal Victoria Infirmary, including chemotherapy and a bone marrow transplant.

When his parents Catherine and Chris were told they could finally bring their son back to their Chester-le-Street home in May there was a problem – they were in the middle of renovating and, having spent much of their time in hospital with their son, had been unable to complete the job.

Maxine, realising the family needed help, immediately contacted a local housing association, Cestria Community Housing which, when it heard about the family's plight, was only too happy to step in and help.

Maxine who received her award at the One Point Hub in Chester-le-Street, said, "Initially when I mentioned that the house needed a DIY SOS to Catherine I was joking, but the more I thought about it I realised this was the only way that the house would be totally finished and ready quickly enough for William to return home. Cestria Housing deserve recognition for the fabulous job they did."

The NHS Heroes scheme gives patients, their families and the NHS community an opportunity to honour special individuals.



## **Chester-le-Street One Point staff share their thoughts about working in an integrated team.**



“It is a privilege to manage such a diverse range of dedicated and knowledgeable staff. As I see their professional relationships and working practices continue to develop I can see the vast potential the integrated approach can offer.”

### ***Chris Peverall*** ***One Point Hub Manager Chester-le-Street***

“Now that we are integrated, working with the health visitors has never been easier, there are no barriers, no waiting for a phone call to be returned, wondering what time I will be able to catch a health visitor to discuss a case. Being in the same office has made it easier to communicate and this has made a big difference to the way I work with families, I feel like I am providing a much more effective and time efficient service, and relationships between colleagues just keeps getting stronger. I now feel more confident in the service I deliver to families due to the great support I get from colleagues”.

### ***Amanda McMeiken*** ***Family Worker***

“The nature of the EP’s role in working with schools, parents and children sits well with the notion of locality-based integrated teams. The range of skills represented by the Chester le Street One Point Team is remarkable, and my ability to liaise closely with such colleagues as Health Visitors, School Nurses and Education Welfare Officers has been strengthened, to the benefit of the families with whom I work”.

### ***Clive Hutchinson*** ***Educational Psychologist***

“Integrated working, in line with current political initiatives, has given us the opportunity to offer a more cohesive care offer. The One Point journey towards integration has allowed us to develop as a team and now the next stage is to put it into practice for the families”.

### ***Jacqui Murray,*** ***Health Visitor***

“The integrated team has given me better knowledge of other professional’s roles, and also their possible involvement in families I am working with”.

***Julie Showler***  
***Senior Family Worker***

“Since working within One Point I feel it has given me easy access to all agencies within the team. I feel that I work more closely with the Family Workers, Health Visitors Personnel Advisors. I always had a good relationship with School Nurses as it does help with the role of the EWO, but since being integrated into the One Point Service I feel it is a closer working relationship”.

***Terry Keenan***  
***Education Welfare Officer***

“I feel that working in an integrated team has benefited me as a professional as I am regularly meeting the "gold standard" of face to face communication about vulnerable families with colleagues in the team, and therefore feel better able to assess need and plan and deliver support.”

***Amanda Smith***  
***Senior Lead Professional***

“Being employed by One Point has helped me in many ways as a youth worker. Being able to work alongside a range of professionals has enabled me to carry out my job more effectively which has led to better outcomes for the young people I work with.

By working alongside the Locality Information Officer, I have been able to create a range of publicity material promoting our services to young people which has seen a huge increase in participation in positive activities. Previously this was done in isolation and never had the same impact that it has from working as part of the One Point Team”.

***Adele Dowson***  
***Youth Worker***





## Sexual Health Road Show January 2013 Park View School

School Nurses, Staff Nurses and PAYP Youth Workers from the One Point Integrated Team held a sexual health road show for Year 9 pupils at Park View School on Thursday 24th January.

The pupils visited a range of information stands and chatted with staff on topics such as puberty, STIs, myths around sexual health and contraception choices.



For more information contact the School Nurse Team on 03000 261 112.

Chester-le-Street  
One Point

# *Timetables*



	a.m.	p.m.
Monday	<p>9.30 - 11.30am <b>Speak Easy</b> starting Mon 21 Jan, 9 weekly sessions (Booking required)</p> <p><b>Chester-le-Street One Point Hub Budgeting and Money Management Level 1</b> starting Mon 21 Jan, 1 full day per week x 3 weeks - contact for the Children's Centre for details.</p> <p>10.00 - 12pm <b>Help with your Job Search</b> starting Mon 21st Jan Weekly Drop in</p> <p>10.00 - 11.30am 11th March - <b>Baby Days</b> (5 weekly sessions)</p>	<p>12.00pm - 2.00pm <b>Parents Forum Meetings</b> - 21 Jan, 4 March,</p> <p>1.30 - 3.00pm - <b>Weaning Programme</b> 11th Feb for 3 weekly sessions (Invitation only)</p> <p>1.30 - 2.30pm <b>Family Fun Sessions</b>, all ages, - 14th Jan , 11th Feb, 11th March</p>
Tuesday	<p>9.30 – 11am <b>Messy Play</b> for 0-5 years (Term Time Only)</p>	<p>1.00 - 3.00pm - <b>Young Parents Family Nurturing Programme</b> starting 15th January (Booking required)</p> <p>1.30 - 2.30pm <b>Top Tips for Play (2-5 years)</b> Tue 12th March</p> <p><b>Chester-le-Street One Point Hub</b> - 4.00 - 5.00pm SAFC Little Dribblers (3-5 years) Tues 26 Feb until 16th April and 23rd April until 21st May. Must be booked in advance - contact Bullion Lane Children's Centre .</p>
Wednesday		<p>1.30 - 2.30pm Wed 9th Jan - <b>Top Tips for Managing Behaviour</b> (2-5 years)</p> <p>10.30 - 11.30am Wed 20th Feb -<b>Top Tips for Talking</b> (0-2 years)</p> <p>1.00 - 2.00pm <b>Weaning Support Drop In</b> (monthly) starting Wed 6th Feb &amp; 6th March</p> <p>4.00 - 5.00pm <b>C - Card Drop In</b>, starting 16th January.</p>
Thursday	<p>9.30 - 12.30pm - <b>Health and Social Care Adult Learning Programme</b> (For information on adult learning courses please contact the centre)</p> <p>9. 30 - 10.30am <b>Childminder, Grandparents and Carers Group</b></p>	<p>1.00 - 1.45pm <b>Music and Movement</b> (Term Time Only)</p> <p>2.00 - 2.45pm - <b>Baby Tumble Time</b> (Term Time Only)</p> <p><b>Weaning Programme</b> - 17th Jan for 3 weekly sessions (Invitation only)</p> <p><b>Weaning Programme</b> - 14th March for three weekly sessions (Invitation only)</p>
Friday	<p>9.30-11.30am <b>Bullion Lane Children's Centre Baby Clinic</b></p> <p>10.00 - 11.30am 11th Jan - <b>Baby Days</b> (5 weekly sessions)</p> <p>9.30am - 11.30am <b>Sensory Play Drop In Session</b> (0-5 years) Starts Fri 15th Feb</p>	<p>1 - 3pm <b>English</b> starting Friday 18th January 10 weekly sessions term time only. In association with the WEA.</p>
Monthly	<p>Sunday 10.00am - 12.00pm <b>Dad's Group</b> - 20th Jan, 17th Feb, 17th March.</p>	<p>7.00 - 9.00pm <b>Childminder Network</b> meeting first Wednesday of every month, contact centre for details.</p>

**One Point  
Pelton Children's Centre  
Ouston Lane Pelton DH2 1EZ**

**For the latest information please check the website**

**[www.surestartcountydurham.org/pelton](http://www.surestartcountydurham.org/pelton)  
Tel: 03000 269 864**

	a.m.	p.m.
Monday	9.30 - 11.00am <b>Messy Play</b>	1:30 - 3.00pm <b>Pelton Children's Centre Baby Clinic</b>
Tuesday	10:00 - 11.30am <b>Treasured Tots</b> (Toddler group for children aged 0-3 years with additional needs, term time only).	<b>Grange Villa Enterprise Centre</b> 1-3 pm <b>Stay and Play</b> , NEW GROUP starting Tue 15 Jan
Wednesday	9.30 - 10.15 <b>Music and Movement</b> 10.45 - 11.30 <b>Baby Tumble Time</b> <b>Pelton Fell Brockwell Centre</b> 10.00 - 11.30am, <b>Happy Stars Group</b> <b>Grange Villa Enterprise Centre</b> 10 - 11:30am, <b>Happy Talkers</b> (Speech & Language group) - referral only.	1:30--3:30 <b>Baby Café Local</b> (Breastfeeding Support)
Thursday	10.00 - 11.30am <b>Weaning</b> 3 weekly sessions starting Thurs 17th Jan, 14th Feb & 14th March (Invitation only). 10 - 11.30am <b>Top Tips</b> 10th Jan, Managing Behaviour (2-5 years) , 14th Feb, Talking (0-2 years), 14th March, Play (2-5 years). 10.00 - 12pm <b>Help with your Job Search</b> NEW Starting Thurs 31 Jan <b>Grange Villa Baby Clinic, Weigh, Stay &amp; Play 10 - 11.00 am (Stay &amp; Play continues until 11.30am).</b>	12.30pm - 3:30pm <b>Citizens Advice Bureau</b> . Appointment only. 1.30pm –2.30pm <b>Childminder, Grandparents and Carers Drop In</b> NEW TIME: Starting 18 Jan (Term Time only) <b>Pelton Community Centre</b> 1.30 - 2.30pm <b>Share a Story</b> 24 Jan The Very Hungry Caterpillar, 14 Feb & 28 March.
Friday	9.30 - 11.30am <b>Numeracy</b> course, (10 weekly sessions, term time) in association with WEA starting 18th Jan.	1.00 - 3.00pm (every two weeks) - <b>Small Steps Seize the Day</b> Epilepsy Support Group (0-3 years) <b>Grange Villa Enterprise Centre</b> NEW Starting Friday 18th January 2013 12 - 1.30pm <b>C-Card clinic</b>
Monthly	<b>BULLION LANE CHILDREN'S CENTRE</b> Sunday 10.00am - 12.00pm <b>Dad's Group</b> - 20th Jan, 17th Feb, 17th March	<b>BULLION LANE CHILDREN'S CENTRE</b> First Wednesday of every month, 7.00-9.00pm - <b>Childminder Network meeting</b> , contact centre for details.

**Information subject to change—please contact the Centre before setting out on your journey.**



## Baby Clinics in the Chester-le-Street area

<b>Venue</b>	<b>Day/Time</b>	<b>Please note:</b>
Pelton Children's Centre	Monday 1.30 - 3pm	Open to anyone
Grange Villa Enterprise Centre	Thursday 10 - 11am	Open to anyone
Fellrose Surgery, Pelton Fell	1st Tuesday of every month 9.30 - 10.30	Fellrose clients only
Bridge End Surgery, Chester-le-Street	Monday 1 - 2.30pm	Bridge End clients only
Bullion Lane Children's Centre, Chester-le-Street	Friday 9.30am - 11.30am	Open to anyone
Middlechare Surgery, Chester-le-Street	Tuesday 10.30 - 12pm	Middlechare clients only
Lumley Surgery	Monday 1.30 - 3pm	Lumley clients only
Cestria Surgery, Chester-le-Street	Thursday 1.30 - 3pm	Cestria clients only
Woodlands Surgery, Rickleton	Thursday 10.30 - 12pm	Woodlands clients only

## One Point Hub Chester-le-Street

(Behind the Leisure Centre, Burns Green,  
Chester-le-Street, DH3 3QH)

Tel: 03000 261 112

### Burns Green 13-19 years Youth Club

Day	Time	Session
<b>Mon</b>	4 - 6pm	Advice & Guidance Drop In
	6.15 - 8.15pm	<b>Youth Club</b> - plus Gym session and Bootcamp
<b>Tues</b>	6.15 - 8.15pm	<b>Youth Club</b>
<b>Wed</b>	6.15 - 8.15pm	<b>Youth Club</b> - plus Freestyle Dance session starting Wed
<b>Thurs</b>	6.15 - 8.15pm	<b>Youth Club</b>
<b>Sun</b>	4.30 - 6.30pm	SEN & Disabilities Group (up to 25 years) Independent living skills, activities & games.

Advice & Guidance Drop In – Please call in for advice and guidance in a friendly environment.

Please Note: The Youth Club & Drop In are for young people aged 13 - 19 years only

## Pelton Community Centre

Tel: 0191 370 3465

### Pelton Youth Project - Room 14

Day	Time	Session
<b>Mon</b>	6 - 8pm	Youth Club (13 - 19 years)
<b>Tues</b>	4 - 5.30pm	Junior Youth Club (8 - 12 years)
	6 - 8pm	Youth Club (13 - 19 years)
<b>Wed</b>	6 - 8pm	Band Night (13 - 19 years)
<b>Thurs</b>	4 - 5.30pm	Junior Youth Club (8 - 12 years)
	6 - 8pm	Youth Club (13 - 19 years)

Every Session still only 50p!

N.B. Timetables are term time only.

## One Point Hub Chester-le-Street

**(Behind the Leisure Centre, Burns Green, Chester-le-Street, DH3 3QH) Tel: 03000 261 112**

Day	Date	Details
Monday	Weekly	3.00 - 5.00pm Weekly <b>CASH (Contraception &amp; Sexual Health) Clinic</b>
	Weekly term time	4pm - 5.15pm <b>Anti Bullying Support Session</b> - to discuss concerns about bullying, cyber bullying, friendship issues etc. Contact the Hub for an appointment.
Monday	Starting Mon 21 Jan 1 full day per week x 3 weeks	<b>Budgeting and Money Management Level 1</b> , contact Bullion Lane Children's Centre 03000 268 643 for details.
Monday	Starting Mon 21st Jan for 12 weeks	*Post Natal Exercise Programme - Change4life 1.30 - 2.30pm Mumba Zumba £1.50
Monday	Starting Mon 21st Jan for 12 Weeks	Prince's Trust Team Programme - for young people aged 16 - 25 years who are unemployed. Ask to speak to an Adviser at the Hub for more information.
Tuesday	26 Feb until 16th April and 23rd April until 21st May	4.00 - 5.00pm SAFC Little Dribblers (3-5 years) Tues . Must be booked in advance - contact Bullion Lane Children's Centre 03000 268 643.
Wednesday	Starting 23rd Jan for 12 weeks	*Post Natal Exercise Programme - Change4life 10.30 - 11.30 am Supervised Gym £1 1.30 - 2.30 Pilates £1.50

\*Post Natal Exercise Programme - Change4life

For more information or to book a place contact: Lauren Lang - Health Imp Practitioner, Get Active Team.

Buggy Pump and Nordic Walking available at Riverside Park, Chester-le-Street

**Information subject to change - please contact the Centre before setting out on your journey.**



# *Tea & Tips*





# Tea & Tips at the Hub

## Wednesday 3.45 - 4.30pm

9th January

23rd January

6th February

20th February

6th March

Team Briefing

Jeff Surtees - DISC covers CLS area

Team Briefing

Mark Blyth - DISC

Team Briefing

Vicky Cowans Talking Changes & Perinatal Mental Health Pathway

# *Think Family Programme*



# County Durham Think Family Programme

## Identification of Families

### Background

Durham County Council and its partners are about to start a new programme designed to work with families facing multiple and complex challenges. Known nationally as the Troubled Families Programme, the work will be called the Think Family Programme in County Durham. The intention is to work with 1,320 families over the next three years who:

- Have children who don't attend school or who are excluded;
- Are involved in anti-social behaviour or crime;
- Are not in work; and

Are high cost and those with a range of health issues.

These are not new families but families who are known to services, which despite numerous interventions, often over many years, their problems persist and are in many cases intergenerational. The programme is based on a payment by results scheme, whereby we will only be paid by Government if we succeed in achieving the targets set. The government expects local authorities to not only get to grips with and support families with multiple and complex needs but also to change the way services are delivered to them. This will involve embedding integrated whole family support processes to help families break the cycle in similar ways that our Family Pathfinder and Family Intervention Programme have been doing in recent years.

In order to ensure we identify families who meet the criteria outlined by the Government a range of datasets are being used. However, this data will clearly be strengthened by frontline practitioners identifying families they are currently working with to take part in the Think Family Programme.

**Action required:** - We request practitioners working in your teams to identify families they are currently working with who meet **2 or more** of the Think Family Programme Criteria described below and complete the proforma overleaf and forward this information to the Think Family Project Team.

### Core Criteria for Identification of Families:-

Families can be nominated if they meet **at least two** of the following core criteria.

Core Criteria	
<b>1. Crime / Anti-social behaviour</b> (identifying young people involved in crime and families involved in anti-social behaviour)	<b>1a.</b> Households with 1 or more under 18 year old with a proven offence in the last 12 months <b>or</b> <b>1b.</b> Households where 1 or more member has received 1 or more warning letters in relation to anti-social behaviour and / or alcohol seizures with in the last 12 months; <b>1c.</b> Households where 1 or more member has an ASBO, ASB injunction, anti-social behaviour contract (ABC), or where the family has been subject to a housing-related ASB intervention in the last 12 months (such as a notice of seeking possession on ASB grounds, a housing-related injunction, a demotion order, eviction from social housing on ASB grounds),
<b>2. Education</b> (identify households affected by truancy or exclusion from school)	<b>2a.</b> Has been subject to permanent exclusion; <b>or</b> <b>2b.</b> Has three or more fixed school exclusions across the last 3 consecutive terms; <b>or</b> <b>2c.</b> Is in a Pupil Referral Unit because they have previously been excluded from a school and those children classed as 'missing' and are not on a school roll. <b>or</b> <b>2d.</b> A child has had 15% unauthorised absences or more from school across the last 3 consecutive terms.
<b>Work (DWP)</b> (Households which have an adult on DWP out of work benefits)	<b>3.</b> Households which have an adult on DWP out of work benefits (Employment & Support Allowance, Incapacity Benefit, Carer's Allowance, Income Support and/or Jobseekers Allowance, Severe Disablement Allowance)

Local Authorities can also include families who are of high cost and those with a range of health issues. However local discretion criteria can only be applied if the family meet **2 or more** of the core criteria described above.

County Durham Local Discretion Criteria	
<b>Local discretion can only be applied when the family also meet at least 2 of the 3 Core Criteria</b>	Children who are subject to a Child Protection Plan; Parental Alcohol Misuse; Domestic Abuse; Adult Criminality; Mental Health;

Please complete the following proforma and place the criteria number in the appropriate column. (E.g. place 2a. in Education column if a child in the family has been subject to permanent exclusion.)

Name of Child /Lead Professional	Crime / Anti-social behaviour (Specify Adult or Young Person)	Education	Work (DWP)	Local Discretion
<b>Name of Child/ren:</b> <b>Name of Adult(s):</b> <b>DoB of child:</b> <b>Address:</b>  <b>Name and role of Lead Professional/Key Worker:</b> <b>Contact Details:</b> <b>Locality/ Hub:</b>				
<b>Name of Child/ren:</b> <b>Name of Adult(s):</b> <b>DoB of child:</b> <b>Address:</b>  <b>Name and role of Lead Professional/Key Worker:</b> <b>Contact Details:</b> <b>Locality/ Hub:</b>				
<b>Name of Child/ren:</b> <b>Name of Adult(s):</b> <b>DoB of child:</b> <b>Address:</b>  <b>Name and role of Lead Professional/Key Worker:</b> <b>Contact Details:</b> <b>Locality/ Hub:</b>				
<b>Name of Child/ren:</b> <b>Name of Adult(s):</b> <b>DoB of child:</b> <b>Address:</b>  <b>Name and role of Lead Professional/Key Worker:</b> <b>Contact Details:</b> <b>Locality/ Hub:</b>				

If you use a Durham County Council email address please email this information to: [CYPSThinkFamilyProgrammeTeam@durham.gov.uk](mailto:CYPSThinkFamilyProgrammeTeam@durham.gov.uk)  
 Alternatively if you have an external email address please use a secure email and return to:- [ABeamson-gcsx@durham.gcsx.gov.uk](mailto:ABeamson-gcsx@durham.gcsx.gov.uk)

# *CAF Training*



# Common Assessment Framework (CAF) Training

## Schedule September-April



From September CAF Training will be available across the county. It is strongly advised that you attend training based in the One Point Hub closest to your place of work as this will provide you with an opportunity to meet with other practitioners who work in your area. Where a Hub is not suitable for training a local Children’s Centre will be used instead.

All training starts at 09:00 promptly with registration and coffee from 08:45 onwards. Training will finish at 16:00. **Lunch is not provided so we ask that you make your own arrangements.** Please contact the designated One Point Administrators to book a place on the training. Each session will run with a cohort of 20 and places will be allocated on a first come first served basis.

This training is suitable for anyone who works with children, young people and families. It aims to cover:

- Why we need the Common Assessment Framework and how it supports integrated working
- How the CAF supports effective safeguarding through early intervention
- The stages of the process
- Gathering information to identify strengths and needs
- Using a solution focussed approach to achieve positive outcomes
- Issues around information sharing and multi agency working
- How to complete the CAF paperwork and produce a high quality assessment
- The importance of families, children and young people being central to the process
- Team Around the Child/Family meetings and review meetings

The role of the Lead Professional

One Point Hub	Venue	Date	Time	Contact
Barnard Castle	One Point Hub - Barnard Castle Ing Lane Shaw Bank Staindrop Road Barnard Castle County Durham DL12 8TD	10/09/12 07/02/13	Coffee and registration 08:45 Training 09:00 – 16:00	Joanne Sowerby <a href="mailto:Joanne.sowerby@durham.gov.uk">Joanne.sowerby@durham.gov.uk</a>  03000 261 735
Bishop Auckland	You Can Centre Walker Drive Woodhouse Close Bishop Auckland County Durham DL14 6QW	18/09/12 24/01/12	Coffee and registration 08:45 Training 09:00 – 16:00	Julie Gosney <a href="mailto:julie.gosney@durham.gov.uk">julie.gosney@durham.gov.uk</a>  03000 261822  Charlotte Keen <a href="mailto:charlotte.keen@nhs.net">charlotte.keen@nhs.net</a>  03000 261820
Chester-le-Street	One Point Hub - Chester le Street Burns Green Chester-le-Street DH3 3QH	25/09/12 16/01/12	Coffee and registration 08:45 Training 09:00 – 16:00	Richard Norton <a href="mailto:Richard.norton@durham.gov.uk">Richard.norton@durham.gov.uk</a>  03000 261 548

Consett	Moorside Children's Centre Moorside Primary School Chester Road Moorside Consett County Durham DH8 8EQ	07/09/12 27/02/13	Coffee and registration 08:45 Training 09:00 – 16:00	Joanne Purves Joanne.purves@durham.gov.uk 01207 590 065  Siobhan Reed Siobhan.reed@durham.gov.uk 01207 590 930
Durham	Sacriston Children's Centre Findon Hill Sacriston DH7 6LU	15/10/12 13/02/13	Coffee and registration 08:45 Training 09:00 – 16:00	Sandra Taylor <a href="mailto:sandra.taylor@durham.gov.uk">sandra.taylor@durham.gov.uk</a>  03000 261115
Ferryhill	One Point Hub - Ferryhill Broom Road Ferryhill County Durham DL17 8AN	23/10/12 09/01/13	Coffee and registration 08:45 Training 09:00 – 16:00	Patricia Musgrave patricia.musgrave@durham.gov.uk 03000 261554 Sarah Granger <a href="mailto:sarah.granger@durham.gov.uk">sarah.granger@durham.gov.uk</a> 03000 261113
Newton Aycliffe	Shildon Children's Centre Byerley Road Shildon Co. Durham DL4 1HN	23/11/12 15/03/13	Coffee and registration 08:45 Training 09:00 – 16:00	Janet Kelsey <a href="mailto:Janet.kelsey@durham.gov.uk">Janet.kelsey@durham.gov.uk</a> 03000 261118  Katherine Richards <a href="mailto:Katherine.richards@nhs.net">Katherine.richards@nhs.net</a>  03000 261118
Peterlee	One Point Hub - Peterlee The Leisure Centre St Cuthbert's Way Peterlee SR8 1AF	14/11/12 19/03/13	Coffee and registration 08:45 Training 09:00 – 16:00	Joanne Atkinson <a href="mailto:Joanne.atkinson@durham.gov.uk">Joanne.atkinson@durham.gov.uk</a>  03000 261116
Seaham	Seaham Children's Centre Seaham House North Terrace Seaham SR7 7EU	09/11/12 08/03/13	Coffee and registration 08:45 Training 09:00 – 16:00	Christine Smith <a href="mailto:Chris.Smith@Durham.gov.uk">Chris.Smith@Durham.gov.uk</a>  03000 261 117 Cheryl Cardy <a href="mailto:Cheryl.Cardy@Durham.gov.uk">Cheryl.Cardy@Durham.gov.uk</a>  03000 261
Stanley	Catchgate Children's Centre Catchgate Primary School Blackett Street Catchgate Stanley DH9 8LX	22/10/12 25/02/13	Coffee and registration 08:45 Training 09:00 – 16:00	Claire Coburn <a href="mailto:claire.coburn@durham.gov.uk">claire.coburn@durham.gov.uk</a> 03000 261114  Dianne Kilgallon <a href="mailto:dianne.kilgallon@durham.gov.uk">dianne.kilgallon@durham.gov.uk</a> 03000 261114

# *C Card Training*





## Community Sexual Health C Card Training – including new sessions / dates September 2012 – March 2013

Sexual health courses for all workers who deal with sexual health issues. These courses are free but a charge will be made if a place is booked and cancelled with less than 24 hours' notice.

If you would like further information on any of the following courses please contact

Helen Corrie [cdda-tr.sexualhealthtraining@nhs.net](mailto:cdda-tr.sexualhealthtraining@nhs.net) on 01325 746116 or Laura Wilson on 07803150506.

### C Card Refresher Training

The training is for candidates who have already completed the above one day Full C Card Training who wish to update their knowledge / skills.

These sessions will address

- Young people, sex and the Law
- Developing young people friendly C Card outlets
- Explore good practice

Wider young people's services



The above training is available on the following dates, if you would like to attend one of these sessions please complete and return the attached application form, clearly stating which session.

7 <sup>th</sup> February 2013	9.30am – 12.00pm	The Greenhouse, Stanley
11 <sup>th</sup> February 2013	1.00pm – 3.30pm	Macmillan Office, Peterlee

## C Card – Distribution Only Training

This short course provides initial training for workers who will only be involved in the distribution of condoms to young people who are already registered with the C Card scheme.



The above training is available on the following dates, if you would like to attend one of these sessions please complete and return the attached application form, clearly stating which session.

5<sup>th</sup> February 2013

6.30pm – 9.00pm

Dr Piper House, Darlington

# *Pre CAF form*



## CAF Pre-Assessment Checklist

(please note, this is not an assessment, it is a tool for you to use to record your initial concerns and to help you to decide if the child and family require additional support or whether a fuller assessment is needed. At this stage consent is not required. Please ring the One Point Service to discuss your concerns if you would benefit from further advice or support at this stage.)

### Identifying Details *(for Unborn Baby, Infant, Child or Young Person, include contact name for Parent/Carer)*

Name of Child/Young Person	Religion
AKA	Parent / Carer Name
Date of birth or EDD	Contact Tel No.
Gender M <input type="checkbox"/> F <input type="checkbox"/> Unknown <input type="checkbox"/>	Date of Call to OPS
Address & Postcode	

### Name, Agency & Address of caller raising concern with OPS:

### What are your concerns?

### (Please make a brief note of your concerns under the following headings)

#### 1. Development of baby, child or young person

Health, emotional and social development, behavioural development, identity (including self-esteem, self-image and social presentation), family and social relationships, self-care skills and independence, learning (including understanding, reasoning and problem solving, participation in learning, education and employment, progress and achievement in learning aspirations).

#### 2. Parents and carers

Basic care ensuring safety and protection, emotional warmth and stability, guidance, boundaries and stimulation

#### 3. Family and environment

Family history, functioning and well-being, wider family, housing, employment and financial considerations, social and community elements and resources, including education, previous or current offending.

#### 4. Identified Need: What additional help is needed for the Unborn Baby, Infant, Child or Young Person or their Parent(s), Carer(s), or Families?

Can you provide the additional services needed?      Yes       No       Not Sure

If "No" or "Not Sure" has been ticked, please complete section 5 below.

#### 5. Agreed Actions: What have we agreed will happen next and who will do this?

Action	By When
--------	---------

If you are a member of the **One Point Service** discuss this checklist with your Manager and agree next steps to support the child and family.

If you are from a **Connected Service**, please ring the **One Point Service – 03000 26 11 11** – and discuss your concerns with them. They will agree with you next steps and provide support if an assessment is required.

#### Date of Pre-CAF Checklist:

#### Name of Caller raising concern:

#### Name of OPS Duty Worker:

#### IF A FULL CAF ASSESSMENT IS REQUIRED:

#### Name of Practitioner completing assessment:

# *DCC Information*

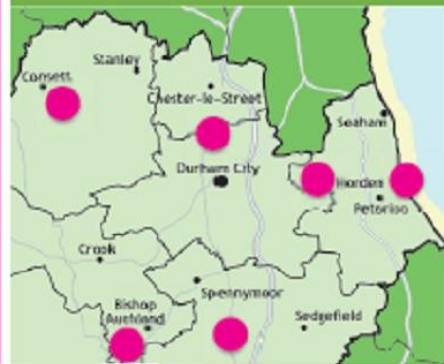




# Too good to throw away? A guide to buying and donating household items.

**Are you looking for good condition furniture which will cost you next to nothing?** You don't have to spend a fortune on your furniture, check out the chart below and call or visit your nearest furniture re-use scheme. The schemes provide high quality low cost furniture to people living in County Durham.

## How to find us



## Top tips for donating

- Reusable items only – we undertake cleaning and minor repairs.
- Items such as sofas, easy chairs and beds must carry the relevant fire safety labels.
- All electrical items should be free from rust, reasonably clean, have intact seals and ideally working the last time they were used.
- Items will need to be inspected before collection is agreed. From time to time, collectors may not be able to accept your items. If this is the case, they will explain the reason why. Unsuitable items can either be taken to your local household recycling centre or collected by the council's bulky waste collection service.

The following local volunteer organisations accept these items for reuse and make them available (often at low cost) to those who need them.

**The Fells Furniture Scheme**  
The Fells  
Plawsworth,  
Chester-le-Street  
DH2 3NL  
0191 371 0541

Monday to Friday  
8am-4pm

**County Durham Furniture Help Scheme**  
Unit 20, Avenue 3  
Chilton Ind.Estate  
Durham DL17 0PB  
01388 721 509

**Winter**  
Mon to Fri 10am-3pm,  
Sat 10am-2pm  
**Summer**  
Mon to Thu 10am-3pm  
Fri 10am-5pm  
Sat 10am-2pm

**East Durham Partnership**  
1 Kilburn Drive,  
Sea View Industrial  
Estate, Horden,  
Peterlee SR8 4TQ  
0191 518 4394

Monday to Thursday  
9am-4.30pm.  
Friday 9am-3.15pm  
Saturday 9am-12pm

**Woodhouse Close Church Furniture Project**  
Proudfoot Drive  
Bishop Auckland  
DL 14 6PD  
01388 602 935  
01388 450 838

Tuesday and  
Thursday 9am-2pm

**Consett YMCA**  
4c Linden Park  
Number 1 Industrial  
Estate  
Consett  
01207 588 302

Monday to Friday  
8.30am-4.30pm

**Haswell Mencap Furniture Enterprise**  
Church View,  
Haswell  
DH6 2EA  
0191 5260957

Monday to Friday  
9am-3pm

Furniture/Beds*	✓	✓	✓	✓	✓	✓
Carpets	✓	✓	✗	✓	✓	✓
Computers	✓	✓	✓	✓	✓	✓
Electric cookers	✓	✓	✓	✓	✓	✓
Fridges & freezers	✓	✓	✓	✓	✓	✓
Washing machines	✓	✓	✓	✓	✓	✓
Mobile phones	✓	✓	✗	✗	✓	✓
TV/audio	✗	✓	✗	✓	✓	✓
Small electrical items	✓	✓	✓	✓	✓	✓
Bicycles	✓	✓	✗	✗	✓	✓
Garden equipment	✓	✓	✓	✗	✓	✓
Tools	✓	✓	✗	✗	✓	✓
Textiles	✓	✓	✗	✓	✓	✓
House clearances	✓	✓	✓	✓	✓	✓
Bric-a-brac	✓	✓	✗	✓	✓	✓

\* Should be free from stains, tears and comply with the current fire regulations

