



BOURNMOOR PRIMARY SCHOOL
Headteacher: Mrs Laura Snowdon
Lambourne Close
Bournmoor
Houghton-le-Spring
DH4 6HF
Tel: 0191 385 4291
Email: bournmoor@durhamlearning.net
Web: www.bournmoor.durham.sch.uk

Dear Parents and Carers,

Relationships and Sex Education in School

We believe that effective Relationship and Sex Education is essential if young people are to make responsible and well-informed decisions about their lives. It is intended to help young people to learn to respect themselves and others and be able to move with confidence from childhood through adolescence into adulthood. The teaching of RSE is a legal requirement for all schools. With the support of staff and governors, our school reviews the provision for educating children about *Relationships and Sex Education* (RSE) in order to link to the National Curriculum.

We have incorporated our RSE programme into the existing Personal Social and Health Education provision (PSHE) and this works alongside our on-line safety. This curriculum is taught throughout the school, in an age- appropriate and structured manner (see page below for the overview). The programme of Relationship and Sex Education is for Foundation Stage, KS1 and KS2 children and it is through our PSHE scheme entitled 'Jigsaw'.

The scheme has been designed to be age appropriate from Early Years Foundation Stage, through Key Stage 1 and 2 and covers friendships and relationships, hygiene, labelling body parts, puberty and other topics in line with the National Curriculum for PSHE and follows your child through the school. A health professional will support the teaching of the programme in Year 5 and 6 to explore the more personal and sensitive issues covered in these year groups.

If any parent would like to view the Jigsaw resources which will be used by the teaching staff and the RSE delivery team please contact the school office. We also have an RSE Policy to give an outline of what is taught and how it is taught. This is available on our website under 'Policies' and a paper copy can be requested from the school office.

Although the teaching of RSE is legal requirement for all primary schools, parents reserve the right to withdraw their child /children from all or part of the learning. If you have any concerns about your child taking part in these lessons, please contact me and I will be more than happy to discuss them with you. If you choose to withdraw your child please note that their teachers cannot prevent your child hearing about the learning from their peers which may lead to misconceptions. I am sure you agree that this is a very important area of education for our children and having a greater understanding will help them make better choices for their future. Thank you for your continued support and please contact the Headteacher if you have any comments you would like to share regarding RSE in our school.

Yours sincerely,

L A Snowdon

Mrs L Snowdon (Headteacher)