



BOURNMOOR PRIMARY SCHOOL

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2<sup>nd</sup> December 2022

Dear Parents/Carers

**Swimming Lessons for Y3/4 starting on Monday 9<sup>th</sup> January 2023**

Children in Year 3/4 will be attending Chester le Street Leisure Centre for swimming lessons each Monday from 9<sup>th</sup> January 2023. This is to ensure they can swim 25 metres (as required under National Curriculum guidelines).

The children will need swimsuits, towel and cap (including boys). Googles can be taken.

The school has accepted the County guidelines which include the following;

- Each pupil should bring a towel, swimsuit, trunks or suitable swimming shorts in an appropriate bag. All pupils must bring a bathing cap (to ease the changing/drying process) and elastic bands to tie hair back.
- No pupil should be allowed to enter the pool with severe cold, cuts, septic spots, ear complaints, athlete's foot, bandaged wounds, or if advised by a doctor not to do so. Children with verrucae should **not** be excluded from County school pools, but the affected areas must be covered with an occlusive dressing or suitable covering.
- Jewellery must not be worn in the pool. Earrings should be removed.

Swimming instruction is considered a part of the National Curriculum. Pupils should only be excused in cases of genuine illness, either by a note from the parents/carers or the recommendation of the teacher.

Yours sincerely

*L A Snowdon*

Mrs L Snowdon (Headteacher)