

Bournmoor Primary School PE Cycle A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EY	Skills, Agility & Quickness	Dance	Gymnastics	Fundamental Movement Skills	Athletics	
Year 1 / 2	Outdoor Adventurous Activities Skills, Agility & Quickness	Net and wall Badminton Dance	Gymnastics Attack and defence hockey	Gymnastics – circuit training Attack and defence hockey	Striking and fielding Cricket Athletics – field	Athletics Track
Year 3 / 4	Outdoor Adventurous Activities Skills, Agility & Quickness	Net and wall Netball Dance	Gymnastics Attack and defence hockey	Circuit training Attack and defence hockey	Striking and fielding Cricket Athletics – field	Athletics Track
Year 5 / 6	Outdoor Adventurous Activities Skills, Agility & Quickness	Net and wall Netball Dance	Gymnastics Attack and defence hockey	Circuit training Attack and defence hockey	Striking and fielding Cricket Athletics – field	Athletics Track

Bournmoor Primary School PE Cycle B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EY	Skills, Agility & Quickness	Dance	Gymnastics	Fundamental Movement Skills	Athletics	
Year 1 / 2	Outdoor Adventurous Activities Skills, Agility & Quickness	Net and wall tennis Dance	Gymnastics Attack and defence Rugby	Gymnastics – circuit training Attack and defence tag rugby	Striking and fielding Rounders Athletics field	Athletics Track
Year 3 / 4	Outdoor Adventurous Activities Skills, Agility & Quickness	Net and wall basketball Dance	Gymnastics Attack and defence Rugby	Gymnastics – circuit training Attack and defence tag rugby	Striking and fielding Rounders Athletics field	Athletics Track
Year 5 / 6	Outdoor Adventurous Activities Skills, Agility & Quickness	Net and wall Basketball Dance	Gymnastics Attack and defence Rugby	Gymnastics – circuit training Attack and defence tag rugby	Striking and fielding Rounders Athletics field	Athletics Track