

**BOURNMOOR PRIMARY SCHOOL** 

Headteacher: Mrs Laura Snowdon

Lambourne Close

Bournmoor

Houghton-le-Spring

DH4 6HF

Tel: 0191 385 4291

Email: <u>bournmoor@durhamlearning.net</u>
Web: www.bournmoor.durham.sch.uk

17th July 2023

Dear Parents/Carers

## Swimming Lessons for Y5/6 starting on Monday 11th September 2023

Children in Year 5/6 will be attending Chester le Street Leisure Centre for swimming lessons each Monday from September 2023. This is to ensure they can swim 25 metres (as required under National Curriculum guidelines). They will attend lessons for the first term and then Year 3/4 will then go swimming for the Spring term.

The children will need swimsuits, towel and cap (including boys). Googles can be taken.

The school has accepted the County guidelines which include the following;

- Each pupil should bring a towel, swimsuit, trunks or suitable swimming shorts in an appropriate bag. <u>All</u> pupils must bring a bathing cap (to ease the changing/drying process) and elastic bands to tie hair back.
- No pupil should be allowed to enter the pool with severe cold, cuts, septic spots, ear complaints, athletes
  foot, bandaged wounds, or if advised by a doctor not to do so. Children with verrucae should **not** be
  excluded from County school pools, but the affected areas must be covered with an occlusive dressing or
  suitable covering.
- Jewellery must not be worn in the pool. Earrings should be removed.

Swimming instruction is considered a part of the National Curriculum. Pupils should only be excused in cases of genuine illness, either by a note from the parents/carers or the recommendation of the teacher.

Yours sincerely

L A Snowdon

Mrs L Snowdon (Headteacher)