

HEROES

## **OUR FOOD SUPER HEROES** ARE DESIGNED TO EDUCATE CHILDREN ABOUT FOOD AND **NUTRITION IN A FUN AND ENGAGING WAY**

Casey Carrot has eagle-eyed precision. Carrots are a source of vitamin A, which supports our vision in dim light, whilst also helping our body's natural defence against illness and infection. We encourage our children to eat carrots, so they can be eagle-eyed like Casey too.

## FOOD FOR THOUGHT

## **WE THRIVE ON CHILDREN** AND PARENT FEEDBACK

Everything we do is driven by our mission to offer delicious, nutritious food that schoolchildren want to eat, that ensures they get the most out of their day. Please spare a few minutes to share your feedback with us.



