

Bournmoor Primary School PE Cycle A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EY	Skills Agility & Quickness Fundamental movement skills		Dance Fundamental Movement Skills		Athletics	
Year 1 / 2	OAA and SAQ Badminton Dance		Gymnastics Hockey		Cricket Athletics	
Year 3 / 4	OAA and SAQ Netball		Gymnastics Swimming		Cricket Athletics	
Year 5 / 6	OAA and SAQ Swimming		Dance Netball		Cricket Athletics Swimming	

Bournmoor Primary School PE Cycle B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EY	Skills Agility & Quickness Dance		Gymnastics Fundamental Movement Skills		Athletics	
Year 1 / 2	OAA and SAQ Tennis Dance		Gymnastics Tag rugby		Rounders Athletics	
Year 3 / 4	OAA and SAQ Dance		Swimming Hockey		Rounders Athletics	
Year 5 / 6	Outdoor Adventurous Activity Skills Agility Quickness Swimming		Gymnastics Hockey		Striking and fielding Rounders Athletics Swimming	

OAA – Outdoor Adventurous Activities SAQ – Skills, Agility & Quickness