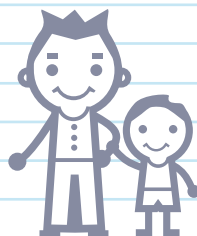
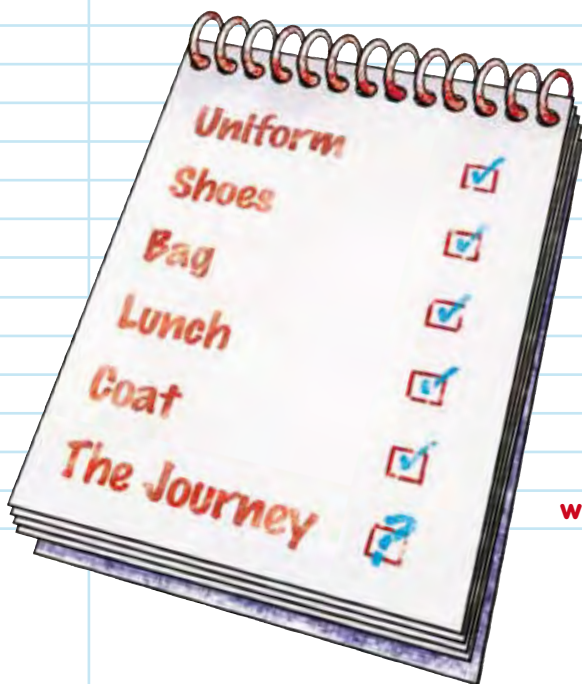


to Mum or Dad

Starting school
Getting there safely



www.durham.gov.uk/roadsafety

Walking to school...

good for you, the environment and everyone

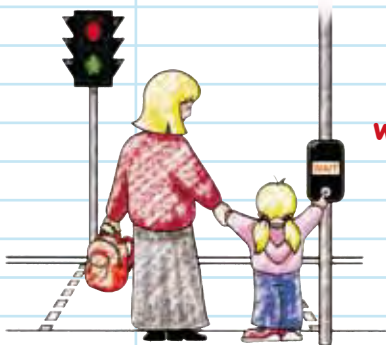
Do you really need the car?

- Children who walk to school are more alert and more attentive than those who travel by car.
- Walking to and from school helps to keep children and adults fit.
- Walking is good exercise!
- The walk to school can help children develop the skills to stay safer when out and about independently.



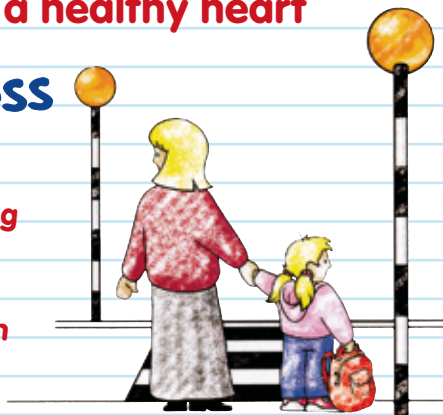
A walking start means a healthy heart

Safer places to cross



Hold hands at a pelican, puffin or toucan crossing.

Set a good example by using safer crossing places correctly with your children



Hold hands at a zebra crossing



Hold hands at a traffic island



Cross in front of the school crossing patrol when signalled to do so

The Green Cross Code

- First find a safe place to cross then **stop**.
- Stand on the pavement behind the kerb.
- **Look** all around for traffic and **listen**.
- If traffic is coming, let it pass and look all around again.
- When there is no traffic near, walk straight across the road.
- Keep looking and listening for traffic while you cross.

Make sure your child can be seen

Fluorescent materials are good for daytime

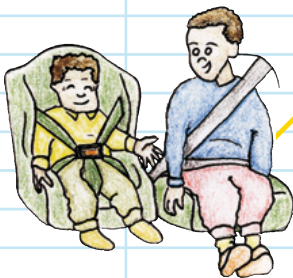
Reflective materials are good in the dark

Always wear something bright



Driving to school

If you have to drive your child on the school journey, here's how you can help:



- Keep the school yellow zig zags clear of traffic, please don't stop, drop or park here.

SCHOOL — KEEP — CLEAR

- Please don't park on single or double yellow lines.
- Parking considerately, avoid double parking, pavement parking, parking across dropped kerbs, near junctions and on corners.
- Be considerate to local residents by keeping their driveways clear.
- Avoid idling your engine as it pollutes the air we breathe.

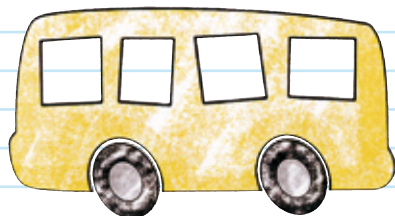
Make sure all passengers are secured appropriately



Always get out onto the pavement

Travelling by bus or taxi

- Wait for the bus to move away before crossing the road.
- It is essential that your child understands the importance of good behaviour when using public transport.



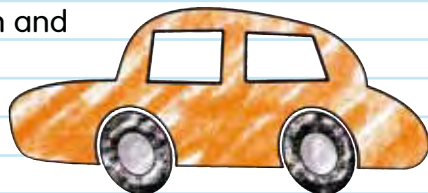
The Walking Bus



- A group of children who walk together with adult supervision is known as a walking bus.
- Ask at your school if they operate a Walking Bus.

Park and Stride

- These schemes are suitable for children who live too far away to walk to school. Parents park at an agreed location and complete the journey on foot.
- Good for you and good for the environment.



For more details contact the Road Safety Team
at road.safety@durham.gov.uk
Visit **Road Safety - Durham County Council**