



BOURNMOOR PRIMARY SCHOOL
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22nd June 2026

Dear Parents and Carers

Updates to the Relationships Education and Health Education

In September 2026, the updated statutory objectives for relationships education and health education will be in place. This guidance is written by the Department for Education (DfE). In primary schools, relationships education and health education objectives have been compulsory since 2020 when these objectives were introduced. I am writing to inform you of updates that are being made to the relationships education and health education objectives as required by the Department for Education. In response to the updates, our school is reviewing this area of our curriculum and relevant policies. As part of this, we are consulting with families about this and are sharing the materials (see attached links below) that will be used to teach this area of the curriculum.

We will be seeking your views during the next 3 weeks until Friday 10th July to support our school implementing the changes in September 2026. It would be appreciated if you could take time to read the documents that are linked on our website <https://bournmoor.durham.sch.uk/key-information/school-policies/> so you can share any views you have. Please look at our Policy page to find the following at the bottom for your information:

- 1) Bournmoor Primary Policy for Personal, Social, Health and Economic Education (PSHE) including Relationships, Sex and Health Education RSHE)
- 2) What do Primary Schools have to teach in Primary RSHE – A guide for Parents January 2026
- 3) JIGSAW PSHE 3-11 – A guide for parents and carers
- 4) PSHE Knowledge Content Snapshot Overview

We have our forthcoming Parents' Evening on Tuesday 7th July and I will be available to discuss the materials and answer any questions you have during this evening from 4pm until 5pm. Please indicate below and return the slip if you would like to discuss the attached materials on this date. Thank you for your support;

Your sincerely,

L A Snowdon

Mrs Laura Snowdon (Headteacher)

PARENT CONSULTATION MEETING FOR RSE CURRICULUM IN SCHOOL

I would like to discuss the materials provided by school detailing what is taught at Bournmoor Primary School for RSHE on Tuesday 7th July from 4-5pm

I don't have questions regarding the updated RSE materials

(please note this session is for parents/carers **only** and not pupils to allow parents to discuss content openly)

Name of parent (s) attending _____ Year group/name of child _____